

V.M.V.V.Sangha's
Vijaya MahanteshaKrupaposhit
**S.R.Vastrad Arts, Science and V.S.Bellihal Commerce
College, Hungund – 587118**



3.4.3.1 Number of extension and outreach Programs conducted in collaboration with industry, community, and Non- Government Organizations through NSS/ NCC/ Red Cross/ YRC etc., year

ESTD: 1967

P.B.No: 03



V.M.V.SANGHA'S
VIJAY MAHANTESH KRUPAPOSHTIT

S.R.VASTRAD ARTS, SCIENCE & VIJAY SHANKARAPPA BELLIHAL COMMERCE
COLLEGE, HUNGUND 587118

Tq:Hungund

Dist:Baglkot

Ph.No : 202244-08351

Affiliated by
Rani Channamma University, Belagavi College Code: 6217

Fax No : 08351-202244

Nationally Accredited with Grade "B" by NAAC

<https://vmsrvcollege.com/>

vmsrv_hnd@yahoo.com

EXTENSION AND OUTREACH PROGRAMS
2022-23
Activity- 03

Name of the Event Organized	Awareness Programme
Title of the Event	Stress management & Personality Management
Date of the Event Organized	23-08-2023
Place of Event	College Auditorium, Hungund
Name of the Expert with Designation	Dr. Rohan Aralgundi
Objectives of the Event	To teach students about stress management.
Outcome of the Event	Students learned about stress management





Stress Managemnt &Personality Development Programme during 2022-23



[Handwritten Signature]

Principal
 Vijaya Mahantesh Krupaposhit
 S.R.Vestrad Arts, Science and Vijay
 Shankarappa Bellihal Commerce College
 Hungund-587118 (Dist:Bagalkot-Karnataka)